

Let it Go – Release

July 8, 2018, Sermon by: Pastor Bryan Tomes

1. Opener:

Monkey "Holding On" clip can be viewed at (watch first 90 seconds):

<https://www.youtube.com/watch?v=YAy8LUmXPmo>

• Intro:

- There are things that you might be holding on too; that if you could just release it would keep you from getting trapped & bring you into a greater dimension of revelation in the Kingdom.
 - Sometimes it's not what is holding on to you that keeps you trapped – it's what you're holding onto that's keeping you bound. The spirit of God will reveal to you those traps
- There are some things that we need to LET GO OF

• Text: Isaiah 49:25 (*nlt*)

But the Lord says, "The captives of warriors will be released, and the plunder of tyrants will be retrieved. For I will fight those who fight you, and I will save your children.

Pray:

- I declare today a day of divine release for you..
- I pray that the Lord releases unto you - power to overcome and power to overtake every hindrance to your purpose.
- I pray that the Word is released today with great anointing that breaks the yoke of oppression...

Let it Go!

3 Areas of Release For Christians Walk with God

1. Release Your Foes - Play the Long Game

- **Many times it's not what we are holding onto: but whom we are holding onto...**
 - Holding onto past Hurts, Offences, Grudges & Pains will trap you in unforgiveness
Matthew 6:15 - *But if you refuse to forgive others, your Father will not forgive your sins.*
- **There are some people in our lives that we must forgive & release**
 - The cost of unforgiveness is too great a price to pay
 - It will cost you your peace & pardon
- **Playing the Long Game isn't one move, but a series of moves and requires:**
 - **Patience - like a chess game**
 - It is something you have, it is not something you do. Fruit of the Spirit
 1. You either have it or you don't
 - i. You'll know if you do and you'll know when you don't

- **Perseverance**
 - You may have to swim upstream
 - Perseverance Is Stubbornness with a Purpose. Sometimes you have to push thru something to get to something.
- **Trust** – Change your “can’t do” to “can do”
 - In the game of life you’re going to have to trust the move of our heavenly Father
 - **Isaiah 40:31** - *But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.*
- **Resilience - Thick Skinned / People Aren't Perfect**
 1. re-sil·ience
the capacity to recover quickly from difficulties; toughness.
the ability of a substance or object to spring back into shape; elasticity.

1 Corinthians 9:19 - *Even though I am a free man with no master, I have become a slave to all people to bring many to Christ.*

If you are to move forward in life you must release people that hurt you and also things that hinder you.

2. Release Your Fears - Sit On The Top

- a. **What are you afraid of?**
 - i. Fear Paralyzes God's People
 - ii. 100's of Phobias
- b. **2 Timothy 1:7** - *For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.*
 - i. **Fear keeps people grounded in their faith**
 1. *Shipped Wrecked*
- c. In Chess it would be very difficult to win the game if you’re looking from ground view
- d. **Elevated Perspective Leads To Elevated Progress**
- e. **Elevated Thinking Leads To Elevated Living**
 - i. We are Seated in Heavenly Realms w/ Christ
 - ii. We live above and Not Below
- f. **Fear keeps People from making Good Moves**

- i. **John 14:26** - *But when the Father sends the Advocate as my representative—that is, the Holy Spirit—he will teach you everything and will remind you of everything I have told you.*

3. **Release Your Faith - Make the Move**

- The Absence of Fear is not the Presence of Faith
- **Hebrews 11:1(kjv)** - *Now faith is the **substance** of things hoped for, the evidence of things not seen*
 - 1. **Faith has the ability to see in the dark**
 - 2. **Faith is the Substance We Work With**
 - 3. Manifestation

The enemy might have you backed up against the wall, but the King has 1 more move.